

Recommended reading

A home without books is a body without soul.

— Marcus Tullius Cicero

There are only two ways to learn—from our own experiences or from the experiences of others. One good way to share the experiences of others, without paying a high price, is through books. The following books have all been very useful to me over the years. However, everybody has different tastes and what someone else enjoys might not suit you. When you're previewing these books in a bookstore, online or at a library, find the ones that sound interesting. One book usually leads to others and you will probably discover interesting ones for yourself.

Books

- *University of Success* by Og Mandino. A great place to start. Mandino has picked the top 50 books on success and taken a chapter from each one to make up a ten semester (50 lesson) course.

- *The Law of Success* by Napoleon Hill. An analysis of the success of over a hundred famous Americans. Despite its great length and old-fashioned style the book is full of useful ideas.
- *Think and Grow Rich* by Napoleon Hill. A condensed version of *The Law of Success*. Remains the best selling book in the field of success and changes the lives of many people who study it.
- *The Richest Man in Babylon* by George S Clason. A must for everybody. This little book on the basics of money management has been achieving huge sales every year since it was first published in 1926. Don't miss it.
- *Beginner's Guide to Wealth* by Noel Whittaker and James Whittaker. The ultimate young person's handbook. This will show you simple techniques to discover and embrace your true potential.
- *Golden Rules of Wealth* by Noel Whittaker. Reveals the timeless principles that the wealthy have known for centuries. And you'll understand what they're all about.
- *Your Natural Gifts* by Margaret Broadley. A fascinating look at the work of the Johnson O'Connor Foundation.
- *How to Stop Worrying and Start Living* by Dale Carnegie. The book to reach for when life seems overwhelming.
- *How to get Control of Your Time and Your Life* by Alan Lakein. The classic work on time management.
- *Psycho-Cybernetics* by Maxwell Maltz. A plastic surgeon with a very powerful message.
- *The Magic of Thinking Big* by David Schwartz. How to take a big leap forward to bigger and better things.

- *Success Through a Positive Mental Attitude* by Napoleon Hill and W. Clement Stone. Another classic that has been around for years and keeps selling.
- *The Prosperity Bible*—a compendium of the greatest books ever written on success.
- *How to Win Friends and Influence People* by Dale Carnegie. An understanding of human nature that will never be outdated.
- *Twelve Pillars* by Jim Rohn and Chris Widener. A novel that includes success principles in an easy to read, fun and simple way.
- *Bounce* by Matthew Syed. This is an amazing insight as to the way champions are made.

In addition to the books mentioned above, there are plenty of resources at your disposal for when you need a quick ‘jump start’ or a push in the right direction. If you prefer more colourful, shorter publications, magazines might be your thing (for example, *Success* and *Entrepreneur*). If you find yourself very busy and only have time for short bursts of motivation, subscribe to e-newsletters (many of which are written by the authors above). They will keep you focused when you most need it. Nowadays, booksellers are taking advantage of technology and releasing most books with a number of purchase options. For example, if you have a computer or an MP3 player, you can now buy audiobooks (as well as podcasts) so you can do your personal development while you’re on the go.